

FREE

- I Turn down your thermostat by I°C
- 2 Use/ waste less water
- 3 Turn off lights when you leave a room
- 4 Turn off your phone/ battery chargers after use
- 5 Do not leave your television or other electrical equipment on standby when not in use

LOW COST

- 6 Insulate your roof
- 7 Collect rainwater for use in the garden
- 8 Change to energy saving light bulbs
- 9 Use ecoballs for laundry
- 10 Draft proof around doors/ windows/ letterboxes
- 11 Make a compost heap

MODERATE TO HIGH COST

- 12 Replace your boiler
- 13 Replace your windows
- 14 Insulate your walls
- 15 Install solar thermal panels
- 16 Generate your own electricity